



## **Seminar on School Prevention**

**Friday October 10th 2008 -13.00-16.00**

Old Town Educational College, Tallinn, Estonia

(The College is within walking distance from Hotel Euroopa)

Participants meet in the hotel lobby 12.45.

Participation is free of charge.

### **Background:**

Adolescent substance (alcohol, tobacco and illicit drugs) use is a serious problem in the world. Despite extensive efforts in many countries to inform children and adolescents about the potentially serious health, social and psychological consequences, adolescents continue to engage in substance abuse behavior. Schools provide an important arena for the implementation of intervention strategies and programs but cannot be expected to solve the complexity of adolescent substance use and abuse alone. Well defined and executed school based prevention programs can however be crucial elements for substance prevention and the prevention of smoking, alcohol, and other addictive behaviors fits well within the mission of the schools health curriculum and community values for health promotion. Research has found that involvement of parents and active participation in sports and other social and leisure activities can play a vital role in substance prevention. The focus of the seminar is to cast light on the development and knowledge of possibilities and limitations of school-based substance prevention.

### **Contents of the seminar:**

- Opening and introduction by the organizers.  
National and international co-operation within the field of school prevention.
- Prevention in schools, possibilities and limitations.
- School prevention in Estonia, some reflections and examples of programmes and projects.
- The Estonian school system, an introduction.
- Discussions.

**Moderators:** Árni Einarsson and Gunilla Zimmermann.

### **Organizers of the seminar:**

The Nordic/Baltic Cooperative Group on School Prevention

Connected to the NordAN Conference 2008:

<http://www.nordan.org/conference2008/program.htm>